



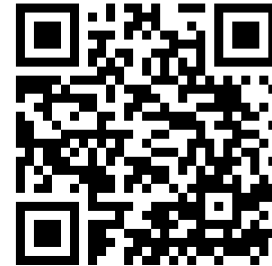
## Lorena Abreu

**Gender :** Female  
**Height:** 5 ft. 2 in.  
**Weight:** 120 pounds  
**Eyes:** Brown  
**Hair Color:** Brown  
**Hair Length:** Long  
**Waist:** 27  
**Inseam:** 30  
**Shoe Size:** 7  
**Physique :** Athletic  
**Coat/Dress Size:** 4  
**Ethnicity:** Latin/Hispanic,  
 Middle Eastern, Mixed, Other

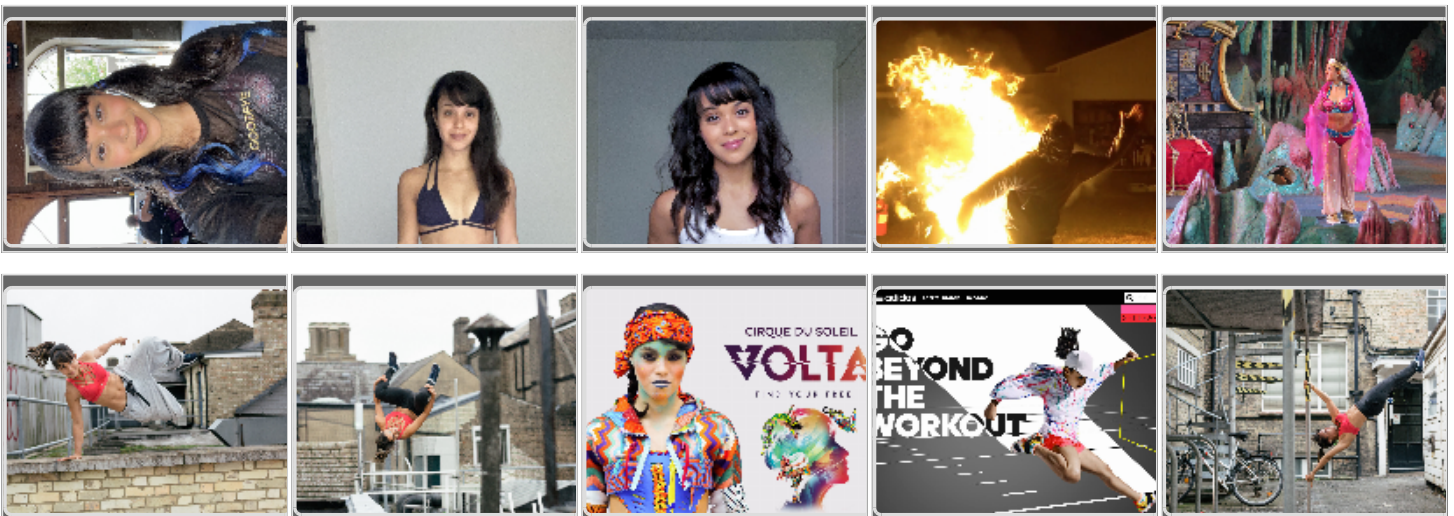
**Address:** California,  
**E-mail:** [lorenaparkour@icloud.com](mailto:lorenaparkour@icloud.com)  
**Web Site:** <http://LorenaParkour.com>

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### Photos



### Film Credits

### Role Position

### Company Director

Pocketwatch	2X Stunt Double - Malia Baker	Chelsea Bruland
Doctor Strange In the Multiverse of Madness (RE-SHOOTS)	2X Stunt Double - Xochitl Gomez	Samuel Le

### Television

### Role Position

### Company Director

Shining Vale	Stunt Double - Chrissie Fit	Rob King
The Rookie: Feds - EP 1.12	Stunt Actor - Bus Passenger	Jeff Wolfe

Television	Role Position	Company Director
The Horror of Dolores Roach	1X Stunt Double - Justina Machado	Alicia Turner
American Horror Stories	Stunt Double - Emily Morales-Cabrera	Simon Rhee
Ultimate Tag	Pro Tagger - "Atomic Ant"	FOX / Znak & Co
TBD's The LINK	Host	TBD / Jukinmedia
TBD Bytes	Host	TBD / Jukinmedia
Total Knockout with Kevin Hart	Competitor - 3rd Place	CBS
NCIS New Orleans "The Man In the Red Suit"	Stunt Double - Raquel Dominguez	Jonathan Arthur
Al Otro Lado Del Muro	Stunt Driver	Juan Bofill
Mi Familia Perfecta	Stunt Actor - "Soccer Playing Student"	Juan Bofill
Every Witch Way	Stunt Double - Autumn Wendel	Juan Bofill
NCIS: New Orleans "Hard Knock Life"	Stunt Double - Jowin Marie Batoon	Jonathan Arthur
NCIS: New Orleans "Hard Knock Life"	"Gutter Punk" parkour performer	Jonathan Arthur

Commercial	Role Position	Company Director
League of Legends World's 2023 Opening Ceremony Film	Stunt Actor "Protagonist B"	Paul Lacovara
CDC / Ad Council : Diabetes PSA	Parkour Coordinator / Stunt Double	
GoPuff #Quarertime Show Feat. Lil Dicky	Stunt Performer	Charles Grisham
Toyota "Jump In" Ad	Parkour Performer / Self	Logan Industry
TJ Maxx 2021 Winter Ad	Parkour Performer / Self	Filip Engstrom
Fitness Tips W/ Michelob Ultra	Parkour Performer / Self	Benjamin Montague
The EO - Michelob Ultra / People Are Awesome	Self	Bryan Cuthbert

Commercial	Role Position	Company Director
Saucony "Run Your World" Campaign	Parkour Performer / Model	Matt Caputo
Mirror's Edge Promo for Gamespot.com	Parkour Performer / Actor "Faith"	World Freerunning & Parkour Federation
Know Obstacles Apparel 2016 Collection	Parkour Performer / Model	Francis Lyons
Adidas Stellasport   SS16	Parkour Performer / Model	Marie Schuller

Stage	Role Position	Company Director
VOLTA by Cirque Du Soleil	Parkour Performer / Actor	Cirque Du Soleil
The Eighth Voyage of Sindbad	Principal Stunt Actor "Princess Amoura"	Universal Orlando Resort
The Flying Fishmarket at Universal Studios	Principal Acrobat	AntiGravity
Secret Life of Pets Show at Universal Studios	Parkour Performer / Dancer	AntiGravity
ASICS Private Corporate Performance	Parkour Performer	World Freerunning & Parkour Federation
Wonderland Events Corporate Performance	Parkour Performer	Team Rilla Hops
Peace, Love, Unity, Respect	Parkour Performer / Dancer	AntiGravity
Lloyd Live Design Seminar Performance	Parkour Performer	World Freerunning & Parkour Federation
Abbott Health & Fitness Expo Parkour Show	Parkour Performer	World Freerunning & Parkour Federation
Hilton Garden Inn "Brighthearted" Conference	Parkour Performer	Hardkore Parkour

Music Videos	Role Position	Company Director
"Attention" - Doja Cat	Stunt Actor	Danny Wayne
Come Home by Harmini	Parkour Performer	Team Rilla Hops

## Stunt Skills

- Fire Burns
- Fire Burns ~ Prep & Safety
- High Fall
- Horseback Riding
- I Do Barrel Rolls
- Low Falls 30'-Under
- Martial Arts: Karate
- Prat Falls
- Ratchets
- Stage Fighting
- Tumbling ~ Basic
- Wire Work

## **Athletic Skills**

- Acrobat
- Baseball
- Circus: Slide for Life
- Ice Skating
- Martial Arts
- Swimming
- Tennis
- Track & Field
- Weight Lifting

## **Spoken Languages**

- Spanish

## **Dance**

- Belly
- Break
- Hip Hop
- Salsa

## **Work History**

- Commercial
- Film
- Internet Projects
- Music Video
- Television

## **Job Categories**

- Dialogue / Acting
- Editing
- SPECIALTY - STUNT

- Stunt Performer
- Stunts

### Unique Talents

Professional Parkour Athlete, quadrupedal movement

## Union Affiliations

- SAG / AFTRA

Training	City	Type Of Training
Full Sail University	Orlando, Florida	Film School
John Zimmerman Stunt Camp	Lake Mary, Florida	Stunt Training
Performing Arts Abroad	London England	Musical Theatre Summer Conservatory

References	Relationship	Phone Number
Jonathan Arthur	Stunt Coordinator on NCIS	(818) 926-9138
John Zimmerman	Stunt Camp Instructor	johnstuntdynamics@gmail.com
Alicia Turner	Stunt Coordinator	+1 (416) 994-2063
Simon Rhee	Stunt Coordinator	+1 (818) 692-0689

Employment	Work Globally	Authorized To Work	Valid Passport
Stunt Double	yes	yes	yes