

Lorena Abreu

Gender : Female **Height:** 5 ft. 2 in. **Weight:** 120 pounds

Eyes: Brown Hair Color: Brown Hair Length: Long

Waist: 27 Inseam: 30 Shoe Size: 7

Physique : Athletic Coat/Dress Size: 4

Ethnicity: Latin/Hispanic, Middle Eastern, Mixed,

Other

Address: California, E-mail: lorenaparkour@i

cloud.com
Web Site:
http://LorenaPa
rkour.com

9569269547

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Photos





















Film Credits	Role	Reference
Pocketwatch	2X Stunt Double - Malia Baker	Chelsea Bruland
Doctor Strange In the Multiverse of Madness (RE-SHOOTS)	2X Stunt Double - Xochitl Gomez	Samuel Le

Television	Role	Reference
Shining Vale	Stunt Double - Chrissie Fit	Rob King
The Rookie: Feds - EP 1.12	Stunt Actor - Bus Passenger	Jeff Wolfe
The Horror of Dolores Roach	1X Stunt Double - Justina Machado	Alicia Turner
American Horror Stories	Stunt Double - Emily Morales-Cabrera	Simon Rhee
Ultimate Tag	Pro Tagger - "Atomic Ant"	FOX / Znak & Co
TBD's The LINK	Host	TBD / Jukinmedia
TBD Bytes	Host	TBD / Jukinmedia
Total Knockout with Kevin Hart	Competitor - 3rd Place	CBS
NCIS New Orleans "The Man In the Red Suit"	Stunt Double - Raquel Dominguez	Jonathan Arthur
Al Otro Lado Del Muro	Stunt Driver	Juan Bofill
Mi Familia Perfecta	Stunt Actor - "Soccer Playing Student"	Juan Bofill
Every Witch Way	Stunt Double - Autumn Wendel	Juan Bofill
NCIS: New Orleans "Hard Knock Life	Stunt Double - Jowin Marie Batoon	Jonathan Arthur

Television	Role	Reference
NCIS: New Orleans "Hard Knock Life	"Gutter Punk" parkour performer	Jonathan Arthur
Commercial	Role	Reference
League of Legends World's 2023 Opening Ceremony Film	Stunt Actor "Protagonist B"	Paul Lacovara
CDC / Ad Council : Diabetes PSA	Parkour Coordinator / Stunt Double	
GoPuff #Quartertime Show Feat. Lil Dicky	Stunt Performer	Charles Grisham
Toyota "Jump In" Ad	Parkour Performer / Self	Logan Industry
TJ Maxx 2021 Winter Ad	Parkour Performer / Self	Filip Engstrom
Fitness Tips W/ Michelob Ultra	Parkour Performer / Self	Benjamin Montague
The EO - Michelob Ultra / People Are Awesome	Self	Bryan Cuthbert
Saucony "Run Your World" Campaign	Parkour Performer / Model	Matt Caputo
Mirror's Edge Promo for Gamespot.com	Parkour Performer / Actor "Faith"	World Freerunning & Parkour Federation
Know Obstacles Apparel 2016 Collection	Parkour Performer / Model	Francis Lyons
Adidas Stellasport SS16	Parkour Performer / Model	Marie Schuller
Stage	Role	Reference
VOLTA by Cirque Du Soleil	Parkour Performer / Actor	Cirque Du Soleil

Stage	Role	Reference
The Eighth Voyage of Sindbad	Principal Stunt Actor "Princess Amoura"	Universal Orlando Resort
The Flying Fishmarket at Universal Studios	Principal Acrobat	AntiGravity
Secret Life of Pets Show at Universal Studios	Parkour Performer / Dancer	AntiGravity
ASICS Private Corporate Performance	Parkour Performer	World Freerunning & Parkour Federation
Wonderland Events Corporate Performance	Parkour Performer	Team Rilla Hops
Peace, Love, Unity, Respect	Parkour Performer / Dancer	AntiGravity
Lloyd Live Design Seminar Performance	Parkour Performer	World Freerunning & Parkour Federation
Abbott Health & Fitness Expo Parkour Show	Parkour Performer	World Freerunning & Parkour Federation
Hilton Garden Inn "Brighthearted" Conference	Parkour Performer	Hardkore Parkour

Music Videos	Role	Reference
"Attention" - Doja Cat	Stunt Actor	Danny Wayne
Come Home by Harmini	Parkour Performer	Team Rilla Hops

Details

Professional Parkour Athlete, quadrupedal movement

Training		
Full Sail University	Orlando, Florida	Film School

Training

John Zimmerman Stunt

Camp

Lake Mary, Florida

Stunt Training

Performing Arts Abroad

London England

Musical Theatre Summer

Conservatory

References

Jonathan Arthur Stunt Coordinator on NCIS

John Zimmerman Stunt Camp Instructor

Alicia Turner Stunt Coordinator

Simon Rhee Stunt Coordinator

Employment Details

Work History: Stunt Double

Job Categories: Stunt Performer

Prior Job Title(s): Stunts / Freerunning / Parkour

Are you willing to work Globally?: Yes
Authorized to work in United States?: Yes
What state are you considered a Local Hire?:
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Do you have a valid passport?: Yes